



FLORENCE MELLY COMMUNITY PRIMARY SCHOOL

YEAR 2 RSHE CURRICULUM OVERVIEW

IF YOU CAN DREAM IT, YOU CAN DO IT!



Year 2 Relationship, Sex and Health Education Programme Overview

Broad Topics		Key Vocabulary	Topic overview		
Healthy and Happy Friendships	Understanding what makes a happy friendship. Recognising personal boundaries and safe/unsafe situations.	happy, healthy, kindness, friend, smile, no, touch, trust, uncomfortable, boundaries, personal, space, worries, help	What makes a happy friendship? - exploring healthy and happy friendships. Pupils focus on the friendships that they already have and the qualities of happy friendships.	Personal boundaries - exploring healthy and happy friendships. Pupils focus on the importance of knowing personal boundaries, how to recognise safe and unsafe situations and how to respond to unwanted touch.	Worries - exploring healthy and happy friendships. Pupils focus on the importance of pupils knowing they can speak to someone they can trust if they feel worried or unsafe. They also discuss the importance of talking about worries and how these can build up.
Similarities and Differences	Exploring different strengths and abilities. Understanding and challenging stereotypes.	strengths, abilities, gender, stereotype, qualities	My strengths and abilities - exploring similarities and differences in relation to individual strengths and abilities.	Stereotypes - exploring people's abilities and strengths. Pupils look at simple gender stereotypes and why these are unhelpful and unfair for everyone.	Who's job? - about people's abilities and strengths. It develops pupils' understanding of simple gender stereotypes in relation to work and enables them to recognise and challenge these.
Caring and Responsibility	The different communities and groups we belong to and how we help and support one another within these.	community, kindness, understanding, help, community helpers, trusted adult, signs, difference, similarity, respect	Community helpers - exploring our communities. Children focus on the communities that we belong to and who helps us within those communities. Pupils are given the opportunity to think about their own role within a community and what they can do to support others.	When we need help - exploring our communities. Pupils focus on ways to stay safe in our communities and when we might need to ask for help from trusted adults.	Our communities and groups - exploring our communities. It consolidates and extends learning about the communities and groups we are all involved in, emphasising that we have more in common than we have differences.
Families and Committed Relationships	The different people in our families, and how families vary.	family, family tree, relatives, related, love, sharing, listening, support, similar, different, traditions	Who is in a family? - exploring the importance and diversity of families, and healthy, positive family relationships. Pupils focus on who the people in a family are.	A happy family - exploring what different families look like. Pupils identify the features of healthy, happy family relationships, and how to get help if anyone feels unhappy, or unsafe.	Families of all kinds - exploring the importance and diversity of families, and healthy, positive family relationships. Pupils focus on family diversity and difference.
Healthy Bodies, Healthy Minds	Ways to stay healthy, including safe and unsafe use of household products and medicines.	healthy, feelings, emotions, medicine, unwell, dose, safe, helpful, harmful, instructions, health, body, mind	Healthy feelings - exploring ways in which we can stay healthy. Pupils investigate emotional health and wellbeing.	Staying safe at home - exploring ways in which we can stay safe and healthy. Pupils focus on medicines and household substances.	Feeling poorly - exploring ways in which we can stay healthy. Pupils focus on ways in which people feel when they are poorly in different ways, and what can help.
Coping with Change	Exploring how our bodies and needs change as we grow older. Aspirations and goal setting.	growing, adult, baby, change, timeline, life cycle, likes, dislikes, change, future, likes, dislikes, change, future	When I am older - exploring growth and change. Pupils focus on how much the children have grown already and helping them understand how their bodies and needs change as they get older.	Looking at the changes ahead - exploring growth and change. Pupils reflect on how their likes, dislikes and achievements have changed as they've got older, and to consider how these may continue to change. Pupils also focus on future aspirations and moving on to Key Stage 2.	Goals - exploring growth and change. Pupils are looking ahead to their future, setting goals or milestones and identifying ways to achieve them.